

# DR. ASHLEY N. GREENWELL, PHD HEC-C

Ph.D. Clinical Psychology | M.A. in Counseling



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## EDUCATION

- 2006-2008 **Ph.D. Clinical Psychology- University of California-Santa Barbara**  
Dissertation: Ethnocultural Aspects of PTSD among Latinos  
*--APA Accredited*
- 2003-2005 **M.A. in Counseling- University of California-Santa Barbara**  
Advisor: *Dr. Merith Cosden*
- 2001-2003 **B.S. in Psychology with Honors- University of Washington**  
Honors Advisor: *Dr. Marsha Linehan*
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## APPOINTMENTS

- 2021-Present **American Psychological Association Div. 31 Ethics Revision Task Force**
- 2020-Present **Healthcare Ethics Consultant-Certified**  
*-American Society for Bioethics & Humanities*
- 2020-2021 **Member of APA interdivisional Task Force COVID-19 Response**
- 2016-Present **Utah Psychological Association**
  - Legislative Chair (2016-2019)  
- Liaison for public policy & laws impacting Utah Psychologists
  - Utah State Ethics Consultant (2020-Present)
- 2010-Present **Faculty Instructor & Clinical Assistant Professor, University of Utah**  
Educational & Clinical Psychology Department
- 2007-2008 **Clinical Fellow, Harvard University School of Medicine**
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## PROFESSIONAL SERVICE

- 2020-Present **Founder and Owner- Licensed Psychologist**  
*Greenwell Psychology & Consulting*
  - Integrated Treatment for Chronic Stress-Related Conditions
  - Expert Consultation, Speaking, & Training
- 2018-2020 **Konterra Clinical Provider**
  - Support services for clients that operate in Humanitarian, Emergency Management, & other high stress operations

2014-2020	<b>Clinical Director and Managing Partner</b> <i>Utah Center for Evidence Based Treatment</i> <ul style="list-style-type: none"> <li>• Director of Clinical Staff &amp; Mental Health Services</li> <li>• Founder of the Trauma, Stress, &amp; Resilience (TSR) Program</li> <li>• Agency-wide Quality Assurance and Outcome Monitoring</li> <li>• Clinical Health Specialty Team Member</li> </ul>
2009-2014	<b>Psychologist, VA SLC Healthcare System</b> <ul style="list-style-type: none"> <li>• Post-Deployment Integrated Primary Care Clinic <ul style="list-style-type: none"> <li>- Interdisciplinary team member</li> </ul> </li> <li>• PTSD Clinic</li> <li>• Staff Clinician, Supervisor, &amp; Media Outreach Rep</li> <li>• VA Hospital-wide Ethics Team Consultant</li> </ul>
2008-2009	<b>Clinical Postdoctoral Fellow, VA SLC Healthcare System</b> <b>PTSD, Primary Care, &amp; Polytrauma Teams</b> <ul style="list-style-type: none"> <li>• Assessment and provision of evidence-based treatments for PTSD and commonly co-morbid issues.</li> <li>• Member of interdisciplinary Polytrauma &amp; Primary Care Teams, <ul style="list-style-type: none"> <li>- Comprehensive Traumatic Brain Injury Assessment</li> </ul> </li> </ul>
2007-2008	<b>Predoctoral Intern, Boston Consortium, VA Boston Healthcare System</b> <ul style="list-style-type: none"> <li>• National Center for PTSD-Women's Sciences Division: Psychotherapy for Post-Traumatic Stress Disorder &amp; commonly co-morbid issues</li> <li>• Rehabilitation Psychology: Spinal Cord Injury Unit <ul style="list-style-type: none"> <li>- Member of interdisciplinary hospital team</li> <li>- Psychotherapy &amp; Neuropsychological Testing</li> </ul> </li> </ul>
2004-2007	<b>Child Abuse Listening and Mediation Clinic (C.A.L.M.)</b> <i>Bilingual Therapist</i> <ul style="list-style-type: none"> <li>• Dialectical Behavior Therapy Team <ul style="list-style-type: none"> <li>- Led skills training for Borderline Personality Disorder.</li> </ul> </li> <li>• Domestic Violence Team: <ul style="list-style-type: none"> <li>- Individual, family, and group therapy in Spanish.</li> </ul> </li> </ul>

**PROGRAM  
EVALUATION**

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2014-2020	<b>UCEBT- Clinical Analytics Team Director</b>
2009-2014	<b>VA Salt Lake City PTSD Clinic Treatment Outcome Study</b>
2004-2007	<b>First Steps Project, SAMHSA Grant, UCSB</b>
2003-2007	<b>Proposition 36 California Drug Court Evaluation, UCSB</b>

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**SELECTED  
PRESENTATIONS**

April 2022	<b>SJ Quinney College of Law</b> <ul style="list-style-type: none"> <li>• Managing Difficult Personalities &amp; Interactions</li> </ul>
November 2021	<b>Continuum Mind-Body Collective</b> <ul style="list-style-type: none"> <li>• Equipping Yourself for Trauma Processing Treatment</li> </ul>
October 2021	<b>Salt Lake City Public Library Annual Staff Training</b> <ul style="list-style-type: none"> <li>• Re-defining Resilience in 2021</li> </ul>
July 2020	<b>ACBS World Conference</b> <ul style="list-style-type: none"> <li>• Explorations of a Conceptualized Self in Trauma Recovery</li> </ul>
April 2020	<b>Modern Issues in the Ethics of Trauma Treatment</b> <ul style="list-style-type: none"> <li>• UCEBT Webinar Training</li> </ul>

April 2019	<b>Utah Generations Conference</b> • Trauma & Dissociation Training for Clinicians
April 2019	<b>United Nations Women's Utah Chapter</b> • Women's Mental Health is Paramount
March 2019	<b>University of Utah Psychiatry Residency</b> • Assessing & Treating PTSD in a Primary Care Setting
January 2019	<b>Crisis Intervention Team (CIT) Academy Training for Law Enforcement</b> • Introduction to MH Disorders
October 2018	<b>Utah Department of Child and Family Services State Conference</b> • Workplace Wellness Strategies for High Stress Professions
August 2018	<b>Utah State Legislature Interim Session- Health and Human Services</b> • The Utah Mental Health Workforce Shortage: Challenges and Opportunities
September 2017	<b>Intermountain Donor Services</b> • Secondary Trauma and Burnout for Medical Personnel
May 2017	<b>Northern Utah Law Enforcement Conference</b> • Psychological Resiliency for the Police Officer
February 2016	<b>Salt Lake City Rape Recovery Center</b> • Addressing Burnout among Trauma Providers
December 2015	<b>Utah Trauma Informed Care Network</b> • What Makes Trauma Treatment Work: An Update
Fall 2014	<b>SLC Veterans Affairs Hospital</b> • Ethical Implications of Electronic Records and Patient Access
Summer 2012	<b>Cache County Hostage Negotiation Team</b> • Crisis Intervention Skills for Police Officers
Fall 2010	<b>Responding on the Home Front Invited Speaker</b> • Moral Injury: Shattered Beliefs and Finding Meaning

**SELECTED  
MEDIA  
OUTREACH**

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- TV Interview KSL Expert:** [Nerves high after recent Mass Shootings](https://ksltv.com/419331/nerves-anxiety-high-after-recent-mass-shootings/)  
<https://ksltv.com/419331/nerves-anxiety-high-after-recent-mass-shootings/>
- TV Interview KUER- Expert:** Inside a student's grief counseling session after a campus tragedy  
<https://kutv.com/news/local/expert-inside-a-student-grief-counseling-session-after-a-campus->
- TV Interview - PTSD, Veterans and Police Officers**  
<http://www.ksl.com/?nid=750&sid=20290544&title=may-6-jim-matheson-ptsd>
- TV Interview - Sunday Edition with Bruce Lindsey: Soldiers and PTSD**  
<http://www.ksl.com/index.php?sid=12375171&nid=750>
- TV interview - Aggressive post-combat driving a top concern for returning troops**  
<http://www.ksl.com/?sid=14249771&nid=148>
- Radio Interview - Veteran's with PTSD face tough times during the Holidays**  
<http://www.ksl.com/?sid=13243919>
- TV-Interview KSL- Video shows AWOL soldier's final moments**  
<http://www.ksl.com/?nid=148&sid=12790795>
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**TEACHING  
SERVICE**

2019 & 2021 Clinical Assistant Professor- U of U Graduate Course: **Trauma Assessment and Treatment**

Spring 2019	Faculty Instructor- U of U Graduate Course: <b>The Social Psychology of Diversity</b>
2011- 2020	Supervisor for U of U Clinical Psychology PhD students
2015	University of Utah Psychiatry- <b>Trauma-Informed Assessment</b>
2008-2014	Veterans Affairs Seminars: <b>Diversity, PTSD, and other trauma related issues</b>
2005-2007	Teaching Assistant - Graduate Level <b>Family Violence Course, Inferential Statistics/SPSS Course, Career Counseling Course</b>

**SELECTED  
PUBLICATIONS &  
RESEARCH  
PRESENTATIONS**

- Bennet, A., Greenwell, A., & Brown, J. (2011). *Predicting Treatment Engagement in Veterans with PTSD*. Presented at the International Society of Traumatic Stress Studies Conference, Montreal, Canada.
- Cabrera, K., Follett, V., Grau, P., Greenwell, A., Kline, N., (2020) Explorations of conceptualized self as a key process in trauma recovery. Research Symposium. ACBS World Conference.
- Campos, E. D., Basch, J., Greenwell, A., Barazani, S., & Cosden, M. (2005, May). *Motivation predicted by severity of drug problem in Central Coast drug court*. Data presented at the American Psychological Society Conference, Los Angeles, California.
- Cosden, M., Basch, J., Campos, E., Greenwell, A., Barazani, S., & Walker, S. (2006). Effects of Motivation and Problem Severity on Court-Based Drug Treatment. *Crime & Delinquency, 52*, 599-618.
- Greenwell, A., & Allen, S. (2010). *The Path into Mental Health Treatment: An examination of outreach, clinical contacts and follow through in a Primary Care setting*. Data presented at the International Society of Traumatic Stress Studies Conference, Montreal, Canada.
- Greenwell, A.N., & Cosden, M.E. (2009). Association of Fatalism and Dissociation among Latinos Who Have Experienced Trauma. *Journal of Trauma and Dissociation*.
- Greenwell, A. N. & Bell, M. (2009) Issues of Cultural Sensitivity for Practitioners Treating Military Sexual Trauma. Chapter in Veterans' Health Initiative for Military Sexual Trauma.
- Greenwell, A.N. & Hough, S. (2008) Culture and Disability in Sexuality Studies: A Methodological and Content Analysis of the Literature. *Journal of Sexuality and Disability, 26*, 189-196.
- Greenwell, A.N., Korlund, K.E., & Linehan, M.M. (2003). *An Empirical Examination of the Stigma Surrounding Individuals with Borderline Personality Disorder*. Poster presented at the Association for the Advancement of Behavior Therapy: Annual Conference, Boston, MA.
- Greenwell, A., Walker, S. Patz, S., Barazani, S., Clemens, A., & Cosden. (2006). *Ethnic and Gender Differences in Social Vulnerabilities and Substance Abuse Risk Factors*. Poster Presented at Association for Psychological Science Conference.

**HONORS,  
GRANTS, AND  
FELLOWSHIPS**

- 2019 Best of Utah- City Weekly, Ranked Best Psychotherapist
- 2019 Outcomes Improvement Initiative Grant Designee, Utah Dept. of Health & Human Services

- 2012 Department of Veterans Affairs- Special Contribution Award
- 2012 Utah Psychological Association- Award of Appreciation
- 2008 Ray E. Hosford Dissertation Award
- 2005 Recipient of CCSP Award for Clinician Dedication
- 2003 Doctoral Scholar's Fellowship, UCSB
- Highest Award for Graduate Studies
- Graduate Studies Travel Grant Award for Presentation of Original Research Project.
- Psi Chi- National Honor's Society in Psychology
- Dean's List-University of Washington

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**PROFESSIONAL MEMBERSHIPS**

- Association for Contextual and Behavioral Psychology
  - ⇒ Reviewer for the Journal of Contextual Behavioral Science
- International Society of Traumatic Stress Studies Member
- Utah Psychological Association
  - ⇒ Ethics Consultant
- American Psychological Association Affiliate
  - ⇒ Division 56 Trauma Psychology
  - ⇒ Division 38 Health Psychology
  - ⇒ Division 31 State Provincial & Territorial Affairs
  - ⇒ Division 45 Ethnic Minority Issues
- The Rome Foundation- Gastropsychoylogy

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**LANGUAGES**

Experience conducting therapy in Spanish & English

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**ADVANCED CLINICAL TRAINING**

- Acceptance and Commitment Therapy (Conducted by Steven Hayes with ongoing supervision by Robyn Walser, PhD)
- Advanced Motivational Interviewing (Mayo Clinic)
- Collaborative Assessment and Management of Suicidality- CAMS Trained
- Cognitive Processing Therapy for PTSD (Supervised by Patricia Resick)
- Cognitive Behavioral Conjoint Therapy for PTSD (Trained by Candice Monson)
- Cognitive Behavioral Therapy for Insomnia (Department of Defense Rollout)
- Dialectical Behavior Therapy (Mentored by Marsha Linehan and BTECH Team Intensive trained)
- Eye Movement Desensitization and Reprocessing (EMDR/IA Certified training for Levels I&II)
- Health & Wellness Coaching – Mayo Clinic
- John Gottman Couples Therapy- Level II (Conducted by John Gottman)
- Montreal Cognitive Assessment (MOCA) Certified
- Prolonged Exposure for PTSD- (Conducted by Edna Foa)
- Radically Open Dialectical Behavioral therapy (Dr. Thomas Lynch)
- Seeking Safety Therapy for Co-occurring PTSD and Addictions- Supervised by Dr. Najavits