

# DR. ASHLEY N. GREENWELL, PHD HEC-C

Ph.D. Clinical Psychology | M.A. in Counseling



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## EDUCATION

- 2020-2021 **Ph.D. Clinical Psychology- University of California-Santa Barbara**  
Dissertation: Ethnocultural Aspects of PTSD  
*--APA Accredited*
- 2003-2005 **M.A. in Counseling- University of California-Santa Barbara**  
*Advisor: Dr. Merith Cosden*
- 2001-2003 **B.S. in Psychology with Honors- University of Washington**  
*Honors Advisor: Dr. Marsha Linehan*

## APPOINTMENTS

- 2022-Present **Governor Appointee: Dept of Occupational & Professional Licensing Psychology Board**
- 2021-Present **American Psychological Association Div. 31 Ethics Revision Task Force**
- 2020-Present **Healthcare Ethics Consultant-Certified**  
*-American Society for Bioethics & Humanities*
- 2020-2021 **Member of APA interdivisional Task Force COVID-19 Response**
- 2016-Present **Utah Psychological Association Board & Committee Member**
  - Legislative Committee Chair (2016-2019)
  - Utah State Ethics Committee Co-chair (2020-Present)
- 2018-Present **Faculty Instructor & Clinical Assistant Professor, University of Utah Educational & Clinical Psychology Department**
- 2007-2008 **Clinical Fellow, Harvard University School of Medicine**

## PROFESSIONAL SERVICE

- 2020-Present **Founder and Owner- Licensed Psychologist**  
*Greenwell Psychology & Consulting*
  - Integrated Treatment for Chronic Stress-Related Conditions
  - Clinical Supervisor for Spanish-Speaking PhD Students
  - Expert Witness & Testimony, Consultation, Speaking Services

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|--------------|---|
| 2018-Present | <b>Rostered MH Clinician</b><br><i>Konterra</i> <ul style="list-style-type: none"> <li>• Support services for clients that operate in Humanitarian, Emergency Management, &amp; other high stress operations</li> </ul>   |
| 2014-2020    | <b>Clinical Director &amp; Managing Partner</b><br><i>Utah Center for Evidence Based Treatment</i> <ul style="list-style-type: none"> <li>• Director of Clinical Staff &amp; Mental Health Services</li> <li>• Founder of the Trauma, Stress, &amp; Resilience (TSR) Program</li> <li>• Agency-wide Quality Assurance &amp; Outcome Monitoring</li> <li>• Clinical Health Specialty Team Member</li> </ul>  |
| 2009-2014    | <b>Psychologist, VA SLC Healthcare System</b> <ul style="list-style-type: none"> <li>• Post-Deployment Integrated Primary Care Clinic <ul style="list-style-type: none"> <li>- Interdisciplinary team member</li> </ul> </li> <li>• PTSD Clinic</li> <li>• Staff Clinician, Supervisor, &amp; Media Outreach Rep</li> <li>• VA Hospital-wide Ethics Team Consultant</li> </ul>  |
| 2008-2009    | <b>Clinical Postdoctoral Fellow, VA SLC Healthcare System</b><br><b>PTSD, Primary Care, &amp; Polytrauma Teams</b> <ul style="list-style-type: none"> <li>• Assessment and provision of evidence-based treatments for PTSD and commonly co-morbid issues.</li> <li>• Member of interdisciplinary Polytrauma &amp; Primary Care Teams, <ul style="list-style-type: none"> <li>- Comprehensive Traumatic Brain Injury Assessment</li> </ul> </li> </ul>                                   |
| 2007-2008    | <b>Predoctoral Intern, Boston Consortium, VA Boston Healthcare System</b> <ul style="list-style-type: none"> <li>• National Center for PTSD-Women's Sciences Division: Psychotherapy for Post-Traumatic Stress Disorder and commonly co-morbid issues</li> <li>• Rehabilitation Psychology: Spinal Cord Injury Unit <ul style="list-style-type: none"> <li>- Member of interdisciplinary hospital team</li> <li>- Psychotherapy &amp; Neuropsychological Testing</li> </ul> </li> </ul> |
| 2004-2007    | <b>Child Abuse Listening and Mediation Clinic (C.A.L.M.)</b><br><i>Bilingual Therapist</i> <ul style="list-style-type: none"> <li>• Dialectical Behavior Therapy Team <ul style="list-style-type: none"> <li>- Led skills training for Borderline Personality Disorder.</li> </ul> </li> <li>• Domestic Violence Team: <ul style="list-style-type: none"> <li>- Individual, family, and group therapy in Spanish.</li> </ul> </li> </ul>  |

**PROGRAM  
EVALUATION**

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| 2014-2020 | <b>UCEBT- Clinical Analytics Team Director</b>               |
| 2009-2014 | <b>VA Salt Lake City PTSD Clinic Treatment Outcome Study</b> |
| 2004-2007 | <b>First Steps Project, SAMHSA Grant, UCSB</b>               |
| 2003-2007 | <b>Proposition 36 California Drug Court Evaluation, UCSB</b> |

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**SELECTED  
PRESENTATIONS**

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| September 2023 | <b>Southern Utah University Staff</b> <ul style="list-style-type: none"> <li>• Psychology Staff, Half-day Clinical Ethics Training</li> </ul> |
| June 2023      | <b>Mercy Corps</b>  |
| May 2023       | <ul style="list-style-type: none"> <li>• Understanding and Coping with Vicarious Trauma</li> </ul> <b>Adobe Resilience Summit Speaker</b>     |

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|----------------|--|
| June 2022      | <ul style="list-style-type: none"> <li>• <b>Finding Connection in a Fragmented World</b><br/><b>Bonneville International Corporation</b></li> </ul>  |
| April 2022     | <ul style="list-style-type: none"> <li>• Postvention Staff Support for Journalists covering Uvalde Shooting<br/><b>SJ Quinney College of Law, University of Utah</b></li> </ul>  |
| November 2021  | <ul style="list-style-type: none"> <li>• Managing Difficult Personalities &amp; Interactions<br/><b>Continuum Mind-Body Collective</b></li> </ul>  |
| October 2021   | <ul style="list-style-type: none"> <li>• Equipping Yourself for Trauma Processing Treatment<br/><b>Salt Lake City Public Library Annual Staff Training</b></li> </ul>  |
| July 2020      | <ul style="list-style-type: none"> <li>• Re-defining Resilience in 2021<br/><b>ACBS World Conference</b></li> <li>• Explorations of a Conceptualized Self in Trauma Recovery<br/><b>Modern Issues in the Ethics of Trauma Treatment</b></li> </ul> |
| April 2020     | <ul style="list-style-type: none"> <li>• UCEBT Webinar Training<br/><b>Utah Generations Conference</b></li> <li>• Trauma &amp; Dissociation Training for Clinicians</li> </ul>   |
| April 2019     | <ul style="list-style-type: none"> <li>• Women's Mental Health is Paramount<br/><b>United Nations Women's Utah Chapter</b></li> </ul>  |
| March 2019     | <ul style="list-style-type: none"> <li>• Assessing &amp; Treating PTSD in a Primary Care Setting<br/><b>University of Utah Psychiatry Residency</b></li> </ul>   |
| January 2019   | <ul style="list-style-type: none"> <li>• Introduction to MH Disorders<br/><b>Crisis Intervention Team (CIT) Academy Training for Law Enforcement</b></li> </ul>  |
| October 2018   | <ul style="list-style-type: none"> <li>• Workplace Wellness Strategies for high stress professions<br/><b>Utah Department of Child and Family Services State Conference</b></li> </ul>   |
| August 2018    | <ul style="list-style-type: none"> <li>• The Utah Mental Health Workforce Shortage: Challenges and Opportunities<br/><b>Utah State Legislature Interim Session- Health and Human Services</b></li> </ul>   |
| June 2018      | <ul style="list-style-type: none"> <li>• The Science of Resiliency<br/><b>Utah Department of Psychiatry Addictions Conference</b></li> </ul>   |
| September 2017 | <ul style="list-style-type: none"> <li>• Secondary Trauma and Burnout for Medical Personnel<br/><b>Intermountain Donor Services</b></li> </ul>   |
| May 2017       | <ul style="list-style-type: none"> <li>• Psychological Resiliency for the Police Officer<br/><b>Northern Utah Law Enforcement Conference</b></li> </ul>  |
| February 2016  | <ul style="list-style-type: none"> <li>• Addressing Burnout among Trauma Providers<br/><b>Salt Lake City Rape Recovery Center</b></li> </ul>   |
| December 2015  | <ul style="list-style-type: none"> <li>• What Makes Trauma Treatment Work: An Update<br/><b>Utah Trauma Informed Care Network</b></li> </ul>   |
| Fall 2014      | <ul style="list-style-type: none"> <li>• Ethical implications of electronic records and patient access<br/><b>SLC Veterans Affairs Hospital</b></li> </ul>   |
| Summer 2012    | <ul style="list-style-type: none"> <li>• Crisis intervention skills for police officers<br/><b>Cache County Hostage Negotiation Team</b></li> </ul>  |
| Spring 2011    | <ul style="list-style-type: none"> <li>• Acceptance and Commitment Therapy Intensive<br/><b>Utah Psychological Association</b></li> </ul>  |
| Fall 2010      | <ul style="list-style-type: none"> <li>• Moral Injury: Shattered Beliefs and finding meaning<br/><b>Responding on the Home Front Invited Speaker</b></li> </ul>  |

SELECTED  
MEDIA  
OUTREACH

TV Interview KSL Expert: [Nerves high after recent Mass Shootings](#)

Ethics on Call Columnist- [SimplePractice.com](#), [Pollen Magazine](#)

**TV Interview KUER- Expert:** Inside a student’s grief counseling session after a campus tragedy  
<https://kutv.com/news/local/expert-inside-a-student-grief-counseling-session-after-a-campus->

**TV Interview** - PTSD, Veterans and Police Officers  
<http://www.ksl.com/?nid=750&sid=20290544&title=may-6-jim-matheson-ptsd>

**TV Interview** - Sunday Edition with Bruce Lindsey: Soldiers and PTSD  
<http://www.ksl.com/index.php?sid=12375171&nid=750>

**TV interview** - Aggressive post-combat driving a top concern for returning troops  
**KSL-UTAH News Channel** --- <http://www.ksl.com/?sid=14249771&nid=148>

**Radio Interview** - Veteran's with PTSD face tough times during the Holidays  
<http://www.ksl.com/?sid=13243919>

**TV-Interview KSL- Video shows AWOL soldier's final moments**  
<http://www.ksl.com/?nid=148&sid=12790795>

**TEACHING SERVICE**

**2021 & 2019** Clinical Assistant Professor- U of U Graduate Course: **Trauma Assessment and Treatment**

**Spring 2019** Faculty Instructor- U of U Graduate Course: **The Social Psychology of Diversity**

**2011- 2020** Supervisor for U of U Clinical Psychology PhD students

**2015** University of Utah Psychiatry- **Trauma-Informed Assessment**

**2008-2014** Veterans Affairs Seminars: **Diversity, PTSD, and other trauma related issues**

**2005-2007** Teaching Assistant - Graduate Level **Family Violence Course, Inferential Statistics/SPSS Course, Career Counseling Course**

**SELECTED PUBLICATIONS & RESEARCH PRESENTATIONS**

Bennet, A., Greenwell, A., & Brown, J. (2011). *Predicting Treatment Engagement in veterans with PTSD*. Presented at the International Society of Traumatic Stress Studies Conference, Montreal, Canada.

Cabrera, K., Follett, V., Grau, P., Greenwell, A., Kline, N., (2020) Explorations of conceptualized self as a key process in trauma recovery. Research Symposium. ACBS World Conference.

Campos, E. D., Basch, J., Greenwell, A., Barazani, S., & Cosden, M. (2005, May). *Motivation predicted by severity of drug problem in Central Coast drug court*. Data presented at the American Psychological Society Conference, Los Angeles, California.

Cosden, M., Basch, J., Campos, E., Greenwell, A., Barazani, S., & Walker, S. (2006). Effects of Motivation and Problem Severity on Court-Based Drug Treatment. *Crime & Delinquency*, 52, 599-618.

Greenwell, A. (2022). The Ethics Consult. Pollen Magazine by SimplePractice.

Greenwell, A., & Allen, S. (2010). *The Path into Mental Health Treatment: An examination of outreach, clinical contacts and follow through in a Primary Care setting*. Data presented at the International Society of Traumatic Stress Studies Conference, Montreal, Canada.

Greenwell, A.N., & Cosden, M.E. (2009). Association of Fatalism and Dissociation among Latinos Who Have Experienced Trauma. *Journal of Trauma and Dissociation*.

Greenwell, A. N. & Bell, M. (2009) Issues of Cultural Sensitivity for Practitioners Treating Military Sexual Trauma. Chapter in Veterans' Health Initiative for Military Sexual Trauma.

Greenwell, A.N. & Hough, S. (2008) Culture and Disability in Sexuality Studies: A Methodological and Content Analysis of the Literature. *Journal of Sexuality and Disability*, 26, 189-196.

Greenwell, A.N., Korslund, K.E., & Linehan, M.M. (2003). *An Empirical Examination of the Stigma Surrounding Individuals with Borderline Personality Disorder*. Poster presented at the Association for the Advancement of Behavior Therapy: Annual Conference, Boston, MA.

Greenwell, A., Walker, S. Patz, S., Barazani, S., Clemens, A., & Cosden. (2006). *Ethnic and Gender Differences in Social Vulnerabilities and Substance Abuse Risk Factors*. Poster Presented at Association for Psychological Science Conference.

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#### HONORS, GRANTS, AND FELLOWSHIPS

- 2022 American Society of Bioethics & Humanities- Presidential Citation
- 2019 Best of Utah- City Weekly, Ranked Best Psychotherapist
- 2019 Outcomes Improvement Initiative Grant Designee, Utah Dept. of Health & Human Services
- 2012 Department of Veterans Affairs- Special Contribution Award
- 2012 Utah Psychological Association- Award of Appreciation
- 2008 Ray E. Hosford Dissertation Award
- 2005 Recipient of CCSP Award for Clinician Dedication
- 2003 Doctoral Scholar's Fellowship, UCSB
- Highest Award for Graduate Studies
- Graduate Studies Travel Grant Award for Presentation of Original Research Project.
- Psi Chi- National Honor's Society in Psychology
- Dean's List-University of Washington

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#### PROFESSIONAL MEMBERSHIPS

- Association for Contextual and Behavioral Psychology
  - Reviewer for the Journal of Contextual Behavioral Science (2020-2021)
- International Society of Traumatic Stress Studies Member
- Utah Psychological Association
  - Ethics Consultant
- American Psychological Association Affiliate
  - Division 56 Trauma Psychology
  - Division 38 Health Psychology
  - Division 31 State Provincial & Territorial Affairs
  - Division 45 Ethnic Minority Issues
- The Rome Foundation- Gastropsychology

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#### LANGUAGES

Experience conducting therapy in Spanish & English

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#### ADVANCED CLINICAL TRAINING

- Acceptance & Commitment Therapy (Conducted by Steven Hayes, supervised by Dr. Robyn Walser)
- Advanced Motivational Interviewing (Mayo Clinic)
- Collaborative Assessment and Management of Suicidality- CAMS Trained
- Cognitive Processing Therapy for PTSD (Supervised by Patricia Resick)

- Cognitive Behavioral Conjoint Therapy for PTSD (Trained by Candice Monson)
- Cognitive Behavioral Therapy for Insomnia (Department of Defense Rollout)
- Dialectical Behavior Therapy (Mentored by Marsha Linehan and BTECH Team Intensive trained)
- Eye Movement Desensitization and Reprocessing (EMDR/IA Certified training for Levels I&II)
- Health & Wellness Coaching – Mayo Clinic
- John Gottman Couples Therapy- Level II (Conducted by John Gottman)
- Montreal Cognitive Assessment (MOCA) Certified
- Prolonged Exposure for PTSD- (Conducted by Edna Foa)
- Radically Open Dialectical Behavioral therapy (Dr. Thomas Lynch)- Level III
- Seeking Safety Therapy for Co-occurring PTSD and Addictions- Supervised by Dr. Najavits